

## The Energy Code Keynote & Workshop

- *Are you struggling to attract and retain the right people?*
- *Need to increase productivity and improve performance?*
- *Want to be a market leader rather than a market chaser?*
- *Worried that outside factors are impacting your team?*

The Energy Code is an innovative and informative presentation that provides you with answers.

Author of The Energy Code, Elisabetta is an expert in human performance, specialising in the application of the latest research in epigenetics - how our genes and environment interact - to optimise organisational and societal outcomes.

With extensive experience working with individuals, corporates, transnationals, non-profits and government agencies, Elisabetta can help you maximise individual, team and organisational performance.

In her presentation, Elisabetta shares the compelling science behind mood, energy and productivity and provides common sense tools to help you and your team be more productive and profitable in all areas of your lives.

Elisabetta draws on her 30 years as a performance consultant to illustrate, through compelling case studies and scientific research, that your moods are just energy and that energy interacts with your DNA to shape your life, inside and outside, at home and at work.

During this workout you will learn about:

- The 4 Modes of Productivity
- The 16 Personality Types
- The 7 Key Principles of Energy Management

Elisabetta will take you step-by-step through the process of mapping your productivity and teach you how to apply the 7 Key Principles to boost your own and your team's performance, attract and retain talent, increase innovation, productivity and profit.

The Energy Code, in essence, is an invitation to change the way you use human energy, the way you do business and ultimately utilize the resources of the planet.

Book Elisabetta to speak at your next conference.

# Elisabetta L Faenza

Maximising Human Potential

## What People Have to Say:

"Excellent ideas." *Susan Day - Bankwest*

"Mind blowing! Noetic sciences are what I need to learn more about." *Samantha Jackson - NSW Dept. of Education and Training*

"The Energy Code is an inspiring and thought-provoking presentation." *John Duffy - ROV*

"Great models, strong IP. Refreshing and great to bring science to real case study examples. Great ideas. Congrats." *Sharonne Phillips - trainer*

"A great job taking some technical issues and making them palatable. The bucket metaphor was very powerful."  
*Gary Ryan - Organisations That Matter*

"Original, fundamental, awe-inspiring. I can really use these ideas and will be actively encouraging many clients to refer to Elisabetta for energy audits and workshops." *Hugh Todd - Todd Coaching*

"Articulate and well woven presentation. Awesome approach to bring science and data to a topic often based and spoken on without giving the why to it. Great job. Well done." *Mike Doughty - The Knowledge Gym*

"Yes, I get it. Great to hear someone articulate the importance of energy. How do you become resilient to the negative energy of others." *Priscilla Campbell-Wilson - Mercer*

"Loved it! Really positive messages." *Donette McIvor-Stone - Freemantle Media*